



Health and Physical Education

Developing Character Roles

Time recommended: 1 hour

Year 5 and 6

Strand:	Personal, Social and Community Health
Descriptor:	Communicating and interacting for health and wellbeing
Examine the influence of emotional responses on behaviour and relationships (ACPPS056)	
Also aligns to the Drama curriculum	
Descriptor:	Present drama that communicates ideas, including stories from their community, to an audience
Also aligns to the English curriculum	
Descriptor:	Create literary texts using realistic and fantasy settings and characters that draw on the worlds represented in texts students have experienced



Name: _____



Developing Character Roles

Read through the following scenarios and discuss what you can do to keep safe.

TASK ONE:

You will be assigned one of the following characters, to first develop and then act out as part of the rescue play.

Pilot, Air Crew Officer, Rescue Crew Officer

Acting out a rescue mission:

1. Break into smaller teams and come up with a scenario that would require the assistance of the Rescue Helicopter.
2. Briefly write down the start, middle and end of the story.
3. Decide on the key characters within the play ensuring that they all have an even part.
4. Spend time researching and developing your character
5. Come back together and draft some key scenes of the play.
6. Present your play to the class.





TASK ONE CONTINUED:

Using a range of resources, it is your task to research your character to develop your understanding. Look into the type of job they have, their key daily duties, what clothes they wear to work and other relevant issues.

TASK TWO:

For all characters in the Rescue Crew, discuss how their emotional response to the following situations is important.

A surfer has found themselves in deep water, close to a rock face. The crew has been called to help the surfer to safety. When they reach him, the surfer goes into shock and starts to panic. Choose the appropriate response for the crew and explain why.

1. The crew let their frustration show and use their force to keep the person still.
2. They keep calm and aim to relax the person as quickly as possible before rescuing them.
3. They don't rescue the person if they are being too difficult to manage.





TASK THREE:

In high-risk situations a number of emotional responses can cause more damage than good. Discuss the following reactions, and describe why they could be dangerous in a rescue situation.

- Panic

- Flight or fight response

- Frustration

- Fear

- Anger

Why is keeping calm so important? _____

